

Good Morning

Enjoy a relaxing start to your day with our delicious breakfast buffet, specially prepared just for you.

Rise & Shine

Fruit Juice (V)

Orange, grapefruit, cranberry, apple and tomato juice

Cereal

Cornflakes (V,G), Rice Krispies (V,G), Coco Pops (V,G,S), Weetabix (V,G)

Semi-skimmed milk (V,D), soy milk (V,S), almond milk (V,N)

Morning Pastries

Croissants (V,G,D,E)

Danish pastries (V,G,D,E,N)

Pain au chocolat (V,G,D,E,S)

Blueberry Muffins (V,D,E)

Continental

Charcuterie and Cheese

Selection of cheese and cold cut meats (D,SD)

Fresh and Preserved Fruit

Melon, grapefruit, pineapple, fresh fruit salad, pear halves in light syrup, peach slices in juice (V)

Llaeth y Llan Yoghurt

Natural (V,D) or fruit (V,D)

Welsh Bloomer Toast

Your choice of white (V,G) or granary (V,G) with Welsh butter (V,D) or spread (V)
Selection of jam, marmalade and honey (V)

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains geg, (F) Contains fish, (Gr) Contains crustaceans, (M) Contains mullscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.